



10 BEST THINGS WE CAN DO FOR ANIMALS

JANE GOODALL and animal behaviorist Marc Bekoff wrote *The 10 Trusts: What We Must Do to Care for the Animals We Love*. YES! asked Dr. Goodall to tell us what we can do in our everyday lives to carry out those trusts.



"Anna's Hummingbird"
(*Calypte anna*) photographed by
Betty Udesen as part of her urban
backyard bird project
"The Teatime Series." Actual height
of the toy cup is 1 inch.

PHOTO BY BETTY UDESEN, UDESEN.COM

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SAVE US?

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1

Rejoice that we are part of the Animal Kingdom.

WHAT TO DO: Create an ecological garden, encouraging bugs, butterflies, and birds.

2

Respect all life.

WHAT TO DO: Become a vegetarian.

3

Open our minds, in humility, to animals and learn from them.

WHAT TO DO: Build bug palaces in your garden.

4

Teach our children to respect and love nature.

WHAT TO DO: Create places for birds to nest.

5

Be wise stewards of life on earth.

WHAT TO DO: Do not eat commercially farmed animals.

6

Value and help preserve the sounds of nature.

WHAT TO DO: Have a bird feeder.

7

Refrain from harming life in order to learn about it.

WHAT TO DO: Become an ambassador for dogs that need to be adopted.

8

Have the courage of our convictions.

WHAT TO DO: Be aware of any plans to destroy local areas of wild habitat where there may be endangered species and write letters and go to meetings.

9

Praise and help those who work for animals and the natural world.

WHAT TO DO: Volunteer at a shelter walking dogs.

10

Act knowing we are not alone and live with hope.

WHAT TO DO: Donate to animal-related causes.